

Resources for In-Home Support

Maine Healthcare at Home	(800) 660-4867
Care and Comfort	872-5300
PALS for Living	594-5805
Private Home Care Inc.	338-2100
Aging Excellence/ Seniors On The Go	512-8894
Spectrum Generations	338-1190
FCP Live-In www.liveinhomecare.com	877-887-2273
Home Instead Senior Care www.MidMaineHomeInstead.com	404-2529

Foot Care Resources

Heavenly Feet Terri Fuller, RN, CFCN	323-9087
Jeanne's Professional Foot Care	660-3465
Joanne Moesswilde, NP	930-6708
Linda Cook	338-0033
Pen Bay Podiatry	301-5700
Heart & Sole Foot Care Brittanie Hold, RN, CFCS	416-5382

***Penobscot Shores, Waldo County General Hospital, Waldo County Healthcare, Inc. and all its subsidiaries cannot make any recommendations. We are held harmless in every way. Any contact and or agreements are with the resident and the care giver directly.**