

The “Salty Air” Newsletter



Penobscot Shores

Life with a view

Fall 2023

Laugh-a-Minute

Residents gather every Monday and Friday to play Mexican Train Dominoes. Each player gets a personal "train" of dominoes. There's an additional "Mexican Train" that is public and you can play a tile on it on any turn. You must connect one end of a domino with another of the same number on a train, such as 3|4 - 4|9 - 9|1. If you can't make a play on your train, the Mexican Train, or after drawing a domino from the "boneyard" your train is marked as "open", and other players can play on your train. This can be helpful or it can be harmful depending on your opponent's strategy and the luck of the draw. You can close your train by playing a tile on your train again. And lots of laughter is also required; and there is a year-end trophy.



Special Delivery by Skateboarder

Swoosh – “What was that?”

Most likely it was our wait staff and prep-cook Rex on his skateboard coming down the hill and into work. Rex started in the Penobscot Shores Dining Room this summer and made a big hit with his great personality and friendliness. At the *Make Your Own Pizza Trivia Night* he was a super help in preparing pizzas, cooking them to order and delivering them to the team tables. Rex has also been known to skateboard a dinner delivery to cottage residents.

Penobscot Shores
10 Shoreland Drive
Belfast, ME 04915
Phone 207-338-2332
www.penobscotshores.com



Woolly Bear Caterpillar

We saw the caterpillar pictured above in our garden here a couple weeks ago. The woolly bear caterpillars are the fuzzy larvae of tiger moths. Folklore has it that if the rusty band is wide, it will be a mild winter. The more black, the more severe the winter. Looks like a moderate winter this year according to this Woolly Bear.



The MidCoast Ukes were a big hit at The Shores a couple of weeks ago with classic sing-a-longs and current hits.



Sunday Buffets

In September, to the delight of residents, Penobscot Shores started having an every other Sunday Buffet. Our chefs have prepared pancakes, omelets, steak & eggs and other yummy delights cooked to order right in our dining room.



ARTS & CRAFTS FAIR

Saturday, November 11 | 9 a.m.-2 p.m.

Free Admission *and* Refreshments
Penobscot Shores Ocean House
10 Shoreland Drive, Belfast, Maine

Off Route 1, across from the Irving Gas Station

Vendors Wanted
Free Table
Just Call 338-2332

