



Penobscot Shores  
Life with a view

# Newsletter

October 2024

## Upcoming Calendar of Events

- Mondays & Fridays @ 1:30 PM – Dominos
- Tuesdays 12 PM – 2 PM – Population Health
- Wednesday @ 2 PM – Hearts
- Fridays @ 9 AM - Coffee Talk (Solving the World's Problems)
- Fridays @ 1 PM – Knitting or Not Group
- October 8 @ 11:30 AM – Palliative Care vs Hospice Care
- October 13 @ 1 PM – Young Frankenstein - Movies continue every Sunday at 1 PM
- October 15 @ 4 PM - Masanobu on Piano
- October 17 @ 9:30 AM - Center for Maine Contemporary Art
- October 21 @ 11 AM Building & Grounds
- October 24 @ 2 PM –Broadway Part 1 with Michael Paul Lund
- October 31 @ 4 PM – Halloween Bingo



Join us for Family Style Dining on Thursdays

**Resident Meeting  
October 7, 2024 @ 11 AM  
Piano Area – In Person & Zoom**

**Call to order by Larry Theye**

**Approval of Past Minutes:**

- There was a motion, second and unanimous approval of the September 3, 2024 Meeting Minutes.
- Larry introduced our newest Management representative to the PSA Board, Ryan Otis. Ryan is very involved in the community from being the owner of Rollie's Bar & Grill and Catering Services, to Chair of the Belfast School Board, to being a Coastal Healthcare Alliance Board Member as well as being very active in the Shrine and the Shriners Children's Hospital. He has some intimate knowledge of us as his grandmother was a resident here 10 or so years ago. Ryan's contact information is 207-469-5604; Ryan.c.otis@gmail.com.

**Director's Report: Steve Bowler**

- Dining Update – staffing continues to be an issue so please be patient with the staff; we are recruiting for a dishwasher and wait staff. A resident remarked that the salads are much better; Steve thanked Suzanne and others who brought in a bounty of fresh vegetables from our garden this summer. Nan, Connie, Jeri and Suzanne were thanked for pulling the plants that have gone by. Thursday Family Style dining is going well and will continue on Thursdays through October; the Family Style Dining day may change in November.
- Maintenance Update
  - Ocean House Heating System Noises – Steve thanked residents for their patience. Steve, Eric and Mike met with Peter of Mechanical Service last week and within a matter of five minutes the problem was fixed; it had to do with a volume regulator that was on full force on the new circulator pumps replaced this summer.
  - Quad 53–59 Siding & Windows work is expected to be completed this week. Steve and Darren met with Mark of Viking Lumber, and they will hold the price of siding for us next year. The manufacture asked if they could possibly use our quad in their advertising. Darren is hoping to start Quad 1 – 7 in late April 2025.
  - The results of the survey on siding colors and Peace Pole. The Peace Pole was approved with 24 votes yes and 12 voted no; cottage siding color options other than grey the vote was 27 to keep them grey and 10 to have options; for the Ocean House color there were 32 for grey and 4 for a different color.
  - Northside Seawall Work continues by Elwell Construction; we expect them to be done in a couple weeks. We are looking to place an aluminum ramp to the water.
  - Solar Panels – we have signed a contract with SolarLogix to have solar panels installed on the south side of the carport next spring. There is a REAP grant that cuts the price in half. There a 2 ½ year payback. We are looking to have an EV charge installed this fall.
  - Please be respectful of the maintenance staff; some residents have gone into their break room during their breaks or lunch. Please go through Donna if you have a maintenance issue. The door to the housekeeping/maintenance area by the elevator will be restricted to staff only; this is a safety issue. Access to the dumpsters is still available from the hallway.
  - Eric and Mike are going tractor shopping tomorrow to replace our tractor that had the front-end break; this fortunately was in the budget to have replaced this year.

## Resident Meeting continued from Page 2

- We are working through and prioritizing the list that Eric collected after inspecting the cottages and apartments. We have had a tough time finding electricians and plumbers.
- Staff changes – Joe Heim will be leaving us October 18. We have Tim Emerson joining us on October 21; he has been at Viking Lumber for the past 14 years working with the contractors

### Sales

- Apartment #113 closed with Barney Lutsk on September 30.
- Cottage #36 closed with the Pam & Roy Moore on October 1.
- Apartment #301 closed with Rhoda Waller on October 1.
- Cottage #1 has a Purchase & Sales Agreement with David & Judy Beebe to close December 1.
- Cottage #3 has a Purchase & Sales Agreement with William & Nancy Calvert to close December 1.

### Programs & Marketing

- **Pet Photo Contest** – Debbie Smith collected the ballots and read the results of for Pet with the biggest smile, Cutest Kitty, most likely to steal a treat and more. The results are posted with the photos in the lobby.
- **We have honey** – residents spun out the honey last week. Stop by the office to purchase at \$5 a jar.
- October 8 @ 11:30 AM – Palliative Care vs Hospice Care
- October 13 @ 1 PM – Young Frankenstein - Movies continue every Sunday at 1 PM
- October 15 @ 4 PM - Masanobu on Piano
- October 17 @ 9:30 AM - Center for Maine Contemporary Art
- October 24 @ 2 PM –Broadway Part 1 with Michael Paul Lund
- October 31 @ 4 PM – Halloween Bingo – contact Connie if you want to be the caller.
- November 16 from 9 AM – 1 PM – Annual Arts & Crafts Fair – we are looking for crafters and volunteers. There will be a White Elephant table to donate your unwanted items; all proceeds go to Activities.
- December 12 @ 5 PM - Holiday Party
- December 19 @ 4 PM - Holiday Show

### Committee Reports:

- Activities Committee – Tim Weitowitz, Monday, January 13, 2025 @ 11 AM
- Budget Committee – Monday, February 24, 2025 @ 11 AM
- Dining Committee - Kay Hunt, Monday, November 18 @ 11 AM
- Building and Grounds – Monday, October 21 @ 11 AM

### Old/ New Business:

- It was suggested to have Thanksgiving and Christmas meals as Family Style.
- Tim has been in touch with “The Jack” in Camden to play on the indoor bocce ball courts. A date is being determined.
- Covid is in the community – wash your hands, cough into your sleeve and distance yourself from others.
- There was a shout out to Nancy Perkins for loaning her collection that is displayed on the mantel.
- Happy Birthday to those born in October – a beautiful cake was provided in the lobby.

**Adjournment: 11:47 AM**

**Next Meeting November 4 @ 11AM**

**Activities Committee Minutes**  
**Monday, September 16, 2024 @ 11AM**

- Tim called the meeting to order.
- Larry's Financial Report: \$11,075.42 in the checking account with not much activity except for Masanobu, staff lunch, and Bobby's crew lunch. All groups very appreciated the lunch. The Memorial Fund is \$2,000 of that total.
- Annual Activities Donation Drive - Betty will write the letter to go out near Thanksgiving.
- Question on purchasing artificial flowers, etc.—what is the budget? After donation drive, the budget will be made. All current receipts should go to Larry. The floral team is doing a great job!
- Judy reviewed the recent survey, thanking Kay & Connie for tallying the results.
  - TOPICS: Lectures and speakers, live music, and outing and tours reigned supreme.
  - OUTINGS: museums/galleries, music, history, literature, nature and wildlife ranked high
  - Results show we are on track, and what is NOT liked is clear.
- FALL trip needs to be on hold, Cyr was not following up in a timely fashion.

It was decided to wait until Spring to plan this bus trip.

- Lights Aglow is a lot of walking, could be cold, and buses are limited. It was suggested a date is picked, sign-ups are held, no refunds. Dates recommended: November 21<sup>st</sup> or December 5<sup>th</sup>. Carpooling will be required.
- Proposed events:
  - December: request for a winter wonderland/art display. Tabled.
  - Request for a Murder Mystery. Date chosen: January 23<sup>rd</sup>
- JULIETS: A new chairperson is needed.

Perhaps ask a new resident at the new resident info meeting.
- **Event attendance**/concerns discussed. Residents understand the concern especially when local professionals are concerned, that are not charging us. In addition, the MaineHealth employees do not charge and supply a wealth of knowledge. Sign-ups are necessary to have an idea of number to choose appropriate venue—library, media room, etc. The members present agreed to talk up the events. Set-up was talked about—next event it will be turned to face presenter to the window.
- Upcoming events reported:
  - Campfire
  - New resident meeting
  - CMCA visit on October 2nd & recurring event on third Thursdays @ 9:30am (October 17<sup>th</sup>)
  - Palliative Care vs. Hospice on October 8<sup>th</sup>
  - Movie Night to convene Sunday, October 13<sup>th</sup>
  - Masanobu on October 15<sup>th</sup>
  - Michael Paul Lund on October 24<sup>th</sup>
  - Halloween Bingo on October 31<sup>st</sup>
  - Diabetes Info on November 13<sup>th</sup>
  - Craft Fair on November 16<sup>th</sup>
  - CMCA art lesson on November 21<sup>st</sup>
  - Holiday decorating on December 4<sup>th</sup>
  - Holiday Show the 19<sup>th</sup> of December
  - New Year's March 4 PM on December 31<sup>st</sup>
  - Request to go back to UMaine Building & Composites

Meeting adjourned