

April 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
	10 AM Chair Yoga (FR/Z) 1:30 PM Dominos (DL)	10:00 Floor Yoga (FR) 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H)	10 AM Chair Yoga (FR/Z) 1 PM Bridge (CR) 2 PM Hearts (DR)	9:30 AM Open Art Studio (CR) 10 AM Floor Yoga (FR) 12:50 PM Hannaford	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR/Z) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
6	7	8	9	10	11	12
1 PM Bridge (CR) 1 PM Movie Matinee "The Paper" (L)	10 AM Chair Yoga (FR/Z) 11 AM Resident Mtg (DL) 1:30 PM Dominos (DL)	10 AM Floor Yoga (FR) 10:45 AM Hannaford 1 PM Bridge (CR) 1:30 PM Waldo Reads 12 - 2 Pop Health (H) 2 PM Malaga Island (DL)	10 AM Chair Yoga (FR/Z) 1 PM Bridge (CR) 2 PM Hearts (DR)	10 AM Floor Yoga (FR) 12:45 PM Troy Howard Mid School Pen Pals (DR) 12:50 PM Hannaford	9 AM Coffee Talk (DL) 10 AM Chair Yoga (FR/Z) 1 PM Knitting or Not (L) 1:30 PM Dominos (DL)	1 PM Bridge (CR)
13	14	15	16	17	18	19
1 PM Bridge (CR) 1 PM Movie Matinee "Catch Me If You Can" (L)	10 AM Chair Yoga (FR/Z) 1:30 PM Dominos (DL)	10 AM Floor Yoga (FR) 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H) 4 PM Masanobu on Piano	10 AM Chair Yoga (FR/Z) 1 PM Bridge (CR) 2 PM Hearts (DR)	9:30 AM CMCA Art Studio (CR) 10 AM Floor Yoga (FR) 12:50 PM Hannaford	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR/Z) 1 PM Knitting or Not (L) 1:30 PM Dominos (DL)	1 PM Bridge (CR)
 20	21	22	23	24	25	26
Happy Easter 1 PM Bridge (CR) 1 PM Movies with Ellen (L)	10 AM Chair Yoga (FR/Z) 1:30 PM Dominos (DL)	10 AM Floor Yoga (FR) 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H)	10 AM Chair Yoga (FR/Z) 1 PM Bridge (CR) 2 PM Hearts (DR)	10 AM Floor Yoga (FR) 12:50 PM Hannaford	9 AM Coffee Talk (DL) 10 AM Chair Yoga (FR/Z) Noon - PSA Board Meeting 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
27	28	29	30	1	2	3
1 PM Bridge (CR) 1 PM Movies with Ellen (L)	10 AM Chair Yoga (FR/Z) 11 AM Budget Mtg (DR) 1:30 PM Dominos (DL)	10 AM Floor Yoga (FR) 10:45 AM Hannaford 1 PM Bridge (CR) 12:00 Waldo Tech Lunch Trip 12 - 2 Pop Health (H)	10 AM Chair Yoga (FR/Z) 1 PM Bridge (CR) 2 PM Hearts (DR)	9:30 AM Open Art Studio (CR) 10 AM Floor Yoga (FR) 12:50 PM Hannaford	9 AM Coffee Talk (DL) 10 AM Chair Yoga (FR/Z) 1 PM Knitting or Not (L) 1:30 PM Dominos (DL)	1 PM Bridge (CR)
4	5	Notes Legend: (CR)=Craft Room (FR)=Fitness Room (H)=Health Office 3rd Floor Yellow = Special Event (DR)=Dining Room (DL)=Dining Room Lounge (CY)=Courtyard (Z)=Zoom Cottage Trash - Tuesdays & Fridays 8:30 AM Cottage Recycling - Thursday 8:30 AM				