

May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
				9:30 AM Open Art Studio (CR) 10 AM Floor Yoga 12:50 PM Hannaford	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
4	5	6	7	8	9	10
1 PM Bridge (CR)	10 AM Chair Yoga (FR) 11 AM Resident Mtg (DR) 12:00 PM Mystery Planning 1:30 PM Dominos (DRL) Happy Cinco de Mayo	10 AM Floor Yoga 10:45 AM Hannaford 11 AM Allagash Wilderness (DL) 1 PM Bridge (CR) 12 - 2 Pop Health (H)	10 AM Chair Yoga (FR) 1 PM Bridge (CR) 2 PM Hearts (DR)	10 AM Floor Yoga 12:50 PM Hannaford	10 AM Keep Belfast Beautiful & BBQ for all 10 AM Chair Yoga (FR) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
11	12	13	14	15	16	17
Happy Mother's Day 1 PM Bridge (CR) 	10 AM Chair Yoga (FR) 1:30 PM Dominos (DRL)	10 AM Floor Yoga 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H) 4 PM West Bank Trip Presenatation by Beth Whitman (DRL)	10 AM Chair Yoga (FR) 1 PM Bridge (CR) 2 PM Hearts (DR)	9:30 AM CMCA Art (CR) 10 AM Floor Yoga 12:50 PM Hannaford 2 PM Ice Cream Farewell for Chandler (DR)	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
18	19	20	21	22	23	24
1 PM Bridge (CR)	10 AM Chair Yoga (FR) 11 AM Activities Mtg(DR) 12 PM Mystery Planning 1:30 PM Dominos (DRL)	10 AM Floor Yoga 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H) 4 PM Hymn Sing	10 AM Chair Yoga (FR) 1 PM Bridge (CR) 2 PM Hearts (DR)	10 AM Floor Yoga 12:50 PM Hannaford	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
25	26	27	28	29	30	31
1 PM Bridge (CR)	Memorial Day Holiday Office Closed 10 AM Chair Yoga (FR) 1:30 PM Dominos (DRL)	10 AM Floor Yoga 10:45 AM Hannaford 1 PM Bridge (CR) 12 - 2 Pop Health (H) 1 PM Memorial Stones	10 AM Chair Yoga (FR) 1 PM Bridge (CR) 2 PM Hearts (DR)	10 AM Floor Yoga 12:50 PM Hannaford	9 AM Coffee Talk (DRL) 10 AM Chair Yoga (FR) 1 PM Knitting or Not (L) 1:30 PM Dominos (DRL)	1 PM Bridge (CR)
1	2	Notes SAVE THE DATE! JUNE 4TH IS THE MURDER MYSTERY DINNER PARTY!				
1 PM Bridge (CR)	10 AM Chair Yoga (FR) 11 AM Resident Mtg (DR) 12 PM Mystery Planning 1:30 PM Dominos (DRL)	Legend: (CR)=Craft Room (FR)=Fitness Room (H)=Health Office 3rd Floor	Yellow = Special Event (DR)=Dining Room (DRL)=Dining Room Lounge (CY)=Courtyard (Z)=Zoom	Cottage Trash - Tuesdays & Fridays 8:30 AM Cottage Recycling - Thursday 8:30 AM		