

Week 3

Dinner	10/13 Monday	10/14 Tuesday	10/15 Wednesday	10/16 Thursday	10/17 Friday	10/18 Saturday	10/19 Sunday
Starter	Chef Choice or Side Salad	Tomato and Rice Soup or Side Salad	4:30 Happy Hour Hors D'oeuvre or Side Salad	Northern Bean and Bacon soup or Side Salad	Roasted Butternut Squash Soup or Side Salad	Chef Choice or Side Salad	Chicken Noodle Soup or Side Salad
Entrée 1	Peanut Soba Noodle and Tofu Salad	Vegetarian Mushroom Burgers w/ Garlic Aioli	Chicken Souvlaki w/ Tzatziki and Fresh Pita	Meatloaf w/ Twice Baked Potato	Petit Filet w/ Prosciutto Cream Sauce	Spinach and Tomato Frittata	Fall Harvest Lasagna
Entrée 2	Meatballs w/ Marinara and Linguine	Shrimp Fajitas Quesadillas	Tuscan Pork Loin w/ Glazed Carrots	Seared Tuna and Ginger Teriyaki Rice	Parmesan Dill Crusted Haddock	Cobb Salad Tomato, Egg, Bacon, Avocado, Blue Cheese, Chicken	Beef Stew w/ Biscuits
Dessert	Assorted or Fresh Fruit	Peanut Butter Cookies or Fresh Fruit	Spiced Red Wine Poached Pears or Fresh Fruit	Caramel Apple Pie or Fresh Fruit	Triple Chocolate Cheesecake or Fresh Fruit	Assorted or Fresh Fruit	Pumpkin Spice Cupcake or Fresh Fruit
	Delivery	Dine In or Delivery	Dine In or Delivery	Dine In or Delivery	Dine In or Delivery	Delivery	Delivery

Penobscot Shores

by **Unidine**

Always Available Dinner Options

Grilled Cheese

*Hamburger / Cheeseburger
Chicken Caesar Salad
Baked Potato
Grilled or Roasted Chicken Breast
Curry Chicken Salad, Sandwich or Salad
Baked Chicken Thighs with Steamed Vegetables

Served with choice of Soup or Salad Dessert or Fresh Fruit Cup

Always Available options can be ordered the same way you order from the main menu. Just write your Starters, Entrée and Dessert choice in the comment section.



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