



Penobscot Shores
Life with a view

Newsletter

February 2026

Upcoming Calendar of Events

- Mondays & Fridays @ 1:30 PM – Dominos
- Tuesdays 12 PM – 2 PM – Population Health
- Wednesdays @ 11 AM - Mahjong
- Wednesdays @ 2 PM – Hearts
- Fridays @ 9 AM – Coffee Talk – Solving the World Problems
- February 9 @ 11 AM – Building & Grounds Meeting
- February 10 @ 4 PM – Indoor Bocce at The Jack in Camden
- February 11 @ 4 PM – Hymn Sing
- February 13 @ 4 PM – Cupid’s Curse Trivia & Special Dinner to Follow
- February 16 @ 11 AM – Activities Committee Meeting
- February 16 – President’s Day
- February 17 @ 4 PM – Masanobu on Piano
- February 19 @ 9:30 AM – CMCA Art Lesson
- February 23 @ 11 AM – Budget Committee Meeting – Capital Items
- February 24 @ 4 PM – Jazz Trio
- February 26 @ 11 AM – Pen Bay Amateur Radio Club at Quarry Hill
- March 2 @ 11 AM – Resident Meeting



Our kitchen is almost ready for our new chef Truman!

Resident Meeting Minutes
Monday, February 2, 2026 @ 11:00 AM
Piano Area – In Person & Zoom

The Meeting was Called to order by Rick Bowles

There was a motion and approval of January 5, 2026 Meeting Minutes.

Director's Report: Steve Bowler

- **Tax Letters** are out – please contact the office if you did not receive one.
- **The first meeting Ad Hoc Committee** to review PSA Documents will be held February 11. The meetings are not open to shareholders. A synopsis will be presented at a future date.
- **Dining Update**
 - Court Dwyer will start the Food Forum on Wednesday, February 4 at 11 AM and then every other Wednesday after.
 - The kitchen renovations are complete! JF Scott has been great to work with, and we have appreciated their constant communications on the progress.
 - Chef Trustan Hamilton was introduced to the group. He gave a brief background; originally from Chicago he loves Maine and seafood. His cooking interest started at age 13 in a Greek restaurant as a dishwasher. He worked his way up and spent time in Central America. He lives in Belmont with his wife and young son. He will be in our kitchen this week doing an inventory while preparing meals at Quarry Hill for us. The first meal from our kitchen will be Friday, Feb 13 with the Valentine themed trivia.
 - Catherine from Unidine was thanked for her work during the transition.
 - We are still recruiting for a sous chef as the last two cancelled their interviews at the last minute due to their current employer giving them a raise and promotion.
 - Court Dwyer will be holding a Food Forum every other Wednesday at 11 AM starting February 4. The focus of the meeting is only about the food.
 - There is still a Dining Committee Meeting scheduled for March 16.
- **Maintenance Update**
 - Snow removal has been a challenge. Thank you for moving your vehicles like musical chairs. We were able to find someone to shovel decks - private pay \$25.
 - The building permit for Quad 9, 11, 13, 15 for siding and windows replacement is ready to be picked up at Belfast Code Enforcement.
 - The EPCRA Tier II Report has been filed with DEP on our hazardous waste.
 - Our oil tank will be 30 years old this summer. We have Simard coming in April to do a thorough inspection and hopefully project a much longer life of the tank.
 - Ben Morsey will be out on paternity leave for a month for their second child. Backup plans are in the works.
- **Capital Budget Items** – Meeting is February 23. Please think about capital items that we should consider for the upcoming Budget Meeting on February 23. Our Replacement Reserve has been strong for the past couple of years to help cover these expenses.

Sales & Marketing

- Apartment #301 - Jean Durham closed on December 31; expected to move in soon.
- Apartment #104 - Dorothy Havey & David McCurdy closed on February 1.

Programs

- February 10 @ 4 PM – Indoor Bocce at The Jack in Camden
- February 11 @ 4 PM – Hymn Sing
- February 13 @ 4 PM – Cupid's Curse Trivia & Buffet

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February 2026

Resident Meeting Continued from Page 2

- February 16 – President’s Day
- February 17 @ 4 PM – Masanobu on Piano
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Committee Reports:

- Activities Committee – Tim Waitowitz, Monday, February 16 @ 11 AM
- Budget Committee – Monday, February 23 @ 11 AM
- Dining Committee – Monday, March 16 @ 11 AM
- Food Forum – Court Dwyer, February 4 @ 11AM & every other Wednesday
- Building and Grounds – Gary Winders, Monday, February 9 @ 11 AM.
- PSA Board of Directors – Friday, April 24 @ Noon

Old/ New Business:

- Happy Birthday to those born in February.

Adjournment 11:40 AM

Next Meeting Monday, March 2 @ 11AM

Penobscot Shores Sustainability Impact

December 2025 Composting Report

 Your Environmental Impact

12-01-2025 - 12-31-2025

Apply

Statistics based on CO₂e (Carbon Equivalency). This number allows us to translate abstract measurements into concrete terms we can understand, such as the emissions from cars, households, or power plants. To learn more visit the EPA's [Greenhouse Gas Equivalencies Calculator](#).



525 lbs diverted!

This is the total weight we have collected from you so far.



3.5 seedlings planted!

Composting has a huge impact on the environment. From a greenhouse gas equivalency standpoint your composting efforts are equivalent to 3.5 urban trees seedlings grown for 10 years.



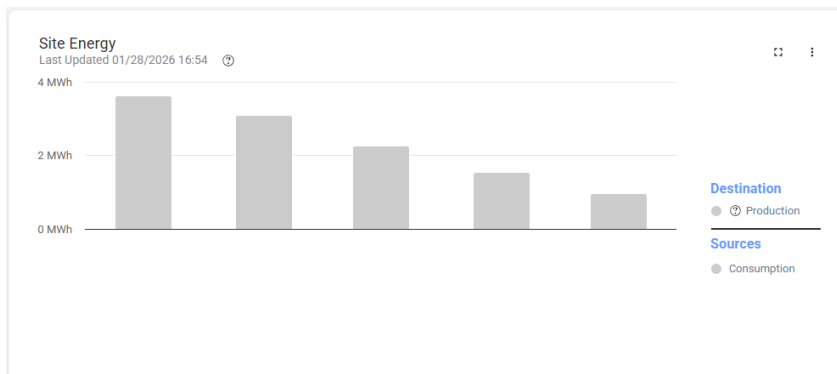
520 miles offset!

Your composting efforts are equivalent to not driving 520 miles. Whoa.



23 gallons of gas!

The number of gallons of gasoline offset by diverting food scraps from the landfill



Penobscot Shores Association Board of Directors Meeting Minutes Friday, January 16, 2026, Noon in the PS Library

Board Members present or by Zoom were Susan Remsberg, Rick Bowles, Debbie Gould and Steve Bowler. Denise Needham was excused as she was called away to a meeting in Portland. Also present were Roy & Pam Moore, Tim Woitowitz, Barny Lutsk, Debbie Smith, Jo Columbus, Diane Plourde, Kate Hanson, & Gary Winders.

- **The meeting was called to order by Steve Bowler**
- **Rick Bowles and Debbie Gould were welcomed as new members to the Board.**
- **There was a motion and approval of the November 21, 2025, Minutes.**
- **Shareholder Comment Period** – 10 Minutes. Tim thanked everyone and is looking forward to our 30th Anniversary.
- **Election of Officers for 2026:**
 - President – Susan Remsberg
 - Treasurer – Debbie Gould
 - Secretary – Steve Bowler
 - Clerk – Benjamin Townsend (non-voting)

There was a motion and vote of approval of those above as officers of PSA.

- **Ad Hoc Committee to Review PSA Operating Documents**
- Committee Size – recommended to be 5 to 7.
- Members for Consideration
 - The following indicated an interest to serve: Joy Bowles, Court & Sue Dwyer, Kat Hanson, Kay Hunt, Barney Lutsk, Pam & Roy Moore, Kirk Newsom, Debbie Smith, Gary Winders and Tim Woitowitz.
 - Of those interested, the Board selected seven people to be on the committee: Susan Remsberg, Debbie Gould, Steve Bowler, Kate Hanson, Roy Moore, Debbie Smith and Gary Winders.
- Meeting Schedule – monthly or to be determined by the committee
- Focus – Bylaws, Management Agreement, Residency Agreement & Resident Handbook
- **Proposed Schedule of PSA Board Meetings:**
 - Friday, April 24 @ Noon
 - Friday, August 21 @ Noon
 - Friday, November 20 @ Noon
- **Manager Report** – Steve Bowler
 - Dining Update - The construction project in the kitchen has been going well, there were no big surprises – the floor joists looked good; there was some underlayment that needed to be replaced. Our staff has been able to give all the equipment a good cleaning. The epoxy flooring just went down and needs a good 5 days to cure.
 - Our new Executive Chef Truistan Hamilton starts today; he was previously at The Cedar in Portland. Sous Chel Will Bragdon will be joining him, and we have new wait staff Rennis Hall to start in February when we reopen to join Patty Ryan and dishwasher Patricia. Patty and Patricia remained on the Unidine payroll doing cleaning and a variety of other tasks here.

Board Meeting
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- **Sales**

- We have had 4 sales this fiscal year; #7, #301, #304, #314. We have one apartment, #104 to close February 1st.
- We have one, possibly two cottages coming up for sale this summer. Larry Theye has said he will be moving back to Nebraska this June to be closer to family.

- **Other**

- With help from our new chef, we will be looking at possible changes to seating in the dining room.
- We are pricing a stairway from the north parking lot to the service entrance area.
- We are pricing for service entrance paving, the small lot at quad 1 – 7, and fixing driveway issues on a couple of waterfront cottages.

- **Adjournment 12:45 PM**



Punxsutawney Phil saw his shadow – so we will have six more weeks of winter.
Living in Maine, I wish that was the case!

February 2026

ACTIVITIES COMMITTEE **Minutes for January 19, 2026 @ 11 AM**

Motion to approve minutes from September meeting, accepted.

1. Thanks to contributors of 2025

Tim Weitowitz listed off residents and staff that he wanted to thank for their contributions in 2025.

2. Finances

Report from Sue – Current Finances & 2026 Budget

+/- \$11,000 in checking account

Motion to approve. Accepted.

3. Scheduled programs for January 2026

- 1/22 4pm-Indoor Happy Hour- from the gazebo to the fireplace on Thursdays-BYOB + Snack
- 1/27 4pm-Au Revoir to Nancy Perkins – Steve & Judy will provide wine & cheese, etc.

4. Scheduled programs for February 2026

- 2/3 4pm - Indoor Bocce – weather permitting, at The Jack in Camden
- 2/13 4pm - Valentine's Day/Friday the 13th event
- 2/19 9:30am - CMCA Art Class – with Tara Morin of CMCA in Rockland
- 2/24 4pm - Jazzy Happy Hour – Tim will book.

5. Scheduled programs for March 2026

- 3/5 Michael Paul Lund - Great Men of American Comedy
- 3/12 CMCA Art Class
- 3/17 Irish Music & Coffee Bar – back by popular demand!

6. Future Activities

- 5/20 3:30pm - Monarch Conservation w/ Cyrene Slegova
- 8/7 11am - Death With Dignity w/ Executive Director Casimir Bemski
- 8/20 30th Anniversary – The committee votes for a Clambake/lobster feed, tent in the field, music, fire pit. This committee is in charge of the planning. Sub-committee needed.
- Campfire Breakfast- This event will return as soon as weather is better
- Art talk w/ Tara Morin and Judy Landry- What Makes Art *ART*?
- Cheese/Tea/Charcuterie/pasta making: food talks w/ Unidine
- Luncheon & Movie in Belfast- Darby's, Colonial Theater
- Ham radio enthusiast
- Game Show Nights – What's My Line?, Name That Tune, Family Feud, etc.
- Kathy Cody will return to do Zentangle in April – cap of 12
- Native American storyteller

7. Future Possible Trips

- Isle of Shoals proposal for August – ADA friendly, close proximity, lunch included
- MerrySpring

8. Next Meeting:

- February 9 to review in-house programs for Winter/Spring/Summer
- Discuss purchase of new tv for programs, donating the current one to yoga room for access to personal fitness classes via youtube. Ex. "Pound", Tai Chi, Pilates, etc.

Motion to adjourn, accepted.

Who's That?
By Suzanne Dwyer

Jean Durham



They're moving on up, or so it seems, from Cosby Manor to Penobscot Shores. Sharron Walsh's former neighbor, Jean Durham, has become her neighbor once again. And Sharron is not the only resident with whom Jean is already acquainted. Jean was born in Parkman, Maine and lived there through her high school years. She got her nursing training at Newton-Wellesley Hospital in Newton, Massachusetts. (Coincidentally this writer was born at that hospital.) Jean practiced Nursing in Massachusetts and in Hawaii! Not a bad location for a young woman in her 20's. But she returned to Maine to marry her high school sweetheart when he finished his stint in the Navy. He was a native of Belfast. The couple lived for a while in New York City, where their son was born. He, therefore, is their only family member forever "from away".

Jean and her husband returned to Maine for his job at Moosehead Furniture. They had two daughters born in Maine.

After her husband died in 1983, Jean enrolled at UMaine to get a BS in Nursing. It was there in Orono that she met Karna Olsson.

Jean's family owns a cottage in the Battery area here in Belfast, so that property brought her back here. She spent many years being grandma. She also worked with Hospice here in Belfast, where she met Connie Woitowitz.

Jean is well travelled. She enjoyed biking, so joined a group of cyclists touring many European countries. She also visited many exotic locations with birding groups. She enjoys knitting and playing Mahjong, which she will continue here at Penobscot Shores. She attends the same church as Susan Higgins.

Welcome home, Jean.