

# February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 1pm -Bridge 1pm -Movie Matinee "Father Goose" (L)	2 10am -Chair Yoga (FR/Z) 11am -Resident Meeting (DRL) 1:30pm -Dominoes (DRL)  Ground Hog Day	3 11am -Hannaford 1pm -Bridge (CR) 12pm-2pm -Pop Health (H)	4 10am -Chair Yoga (FR/Z) 11am -American Mahjong (L) 1pm -Bridge (CR) 1:30pm -Hearts (DR)	5 1pm -Hannaford 1pm -Mahjong (CR)	6 9am -Coffee Talk (DL) 10am -Chair Yoga (FR/Z) 1pm -Knitting Group (L) 1:30pm -Dominoes (DRL)	7 1pm -Bridge (CR)	
8 1pm -Bridge (CR) 1pm -Movie Matinee "Mr. Roberts" (L)	9 10am -Chair Yoga (FR/Z) 11am -Bldg & Grounds (DRL) 1:30pm -Dominoes (DRL)	10 11am -Hannaford 1pm -Bridge (CR) 12pm-2pm -Pop Health (H) 4pm -Indoor Bocce @ The Jack <i>(meet in lobby @ 3:30 if carpooling)</i>	11 10am -Chair Yoga (FR/Z) 11am -American Mahjong (L) 1pm -Bridge (CR) 1:30pm -Hearts (DR) 4pm -Hymn Sing	12 1pm -Hannaford 1pm -Mahjong (CR)	13 9am -Coffee Talk (DL) 10am -Chair Yoga (FR/Z) 1pm -Knitting Group (L) 1:30pm -Dominoes (DRL) 4pm -Cupid's Curse Trivia (DRL)	14 1pm -Bridge (CR)  Valentine's Day	
15 1pm -Bridge (CR) 1pm -Movie Matinee "The Burbs" (L)  Flag Day	16 10am -Chair Yoga (FR/Z) 11am -Activities Meeting (DRL) 1:30pm -Dominoes (DRL)  President's Day	17 11am -Hannaford 1pm -Bridge (CR) 12pm-2pm -Pop Health (H) 4pm -Masanobu	18 10am -Chair Yoga (FR/Z) 11am -American Mahjong (L) 1pm -Bridge (CR) 1:30pm -Hearts (DR)  Ash Wednesday	19 9:30am -CMCA Art Lesson(CR) 1pm -Hannaford 1pm -Mahjong (CR)	20 9am -Coffee Talk (DL) 10am -Chair Yoga (FR/Z) 1pm -Knitting Group (L) 1:30pm -Dominoes (DRL)	21 1pm -Bridge (CR)	
22 1pm -Bridge (CR) 1pm -Movie Matinee "Chariots of Fire" (L)	23 10am -Chair Yoga (FR/Z) 11am -Budget Committee (DRL) 1:30pm -Dominoes (DRL)	24 11am -Hannaford 1pm -Bridge (CR) 12pm-2pm -Pop Health (H) 4pm -Jazz Trio (DRL)	25 10am -Chair Yoga (FR/Z) 11am -American Mahjong (L) 1pm -Bridge (CR) 1:30pm -Hearts (DR)	26 1pm -Hannaford 1pm -Mahjong (CR)	27 9am -Coffee Talk (DL) 10am -Chair Yoga (FR/Z) 1pm -Knitting Group (L) 1:30pm -Dominoes (DRL)	28 1pm -Bridge (CR)	
		Notes	Legend: (CR)=Craft Room (FR)=Fitness Room (H)=Health Office, 3rd Floor	( )=Special Event (DR)=Dining Room (DRL)=Dining Room Lounge (CY)=Courtyard (Z)=Zoom	Cottage Trash - Tuesdays & Fridays @ 8:30am Cottage Recycling - Thursday @ 8:30am Apartment Trash & Recycling - Monday-Friday @ 7:30am		