

Penobscot Shores

Dinner	04/27 Monday	04/28 Tuesday	04/29 Wednesday	04/30 Thursday	05/01 Friday	05/02 Saturday	05/03 Sunday
Starter	Sweet Potato Bisque Or Side salad	Artichoke dip & Pita Or Side salad	Beer Cheese & Pretzel Or Side salad	Miso Soup Or Side salad	Beet & Dill Dip Or Side salad	Minestrone Or Side salad	Pea Soup Or Side salad
Entrée 1	Lemon Chicken Bake Tender chicken pieces baked creamy lemon rice. GF	Chimichurri Pork Seared pork tenderloin topped with a chimichurri herb sauce. Served with dirty rice. GF	Hibachi Chicken Seared teriyaki chicken served with vegetable fried rice, yum yum sauce, & scallion GF	Herbed Haddock Roasted haddock seasoned with lemon & fresh herbs. Served with dill roasted potato. GF PESC	Sweet & Sour Tofu Pan Fried Tofu pieces served over congee rice porridge with Asian slaw & sweet & sour Sauce. VEG GF	Pork Milanese Pounded pork cutlet breaded, pan fried, and topped with marinated artichoke, red bell, & capers.	Oven Fried Shrimp Breaded and baked shrimp. Served with house cocktail sauce & hasselback potato PESC
Entrée 2	Cauliflower Tiki Cauliflower and vegetables simmered in tiki marsala sauce. Served with basmati rice. GF VEG	Waldorf Chicken Baked Chicken topped with Waldorf salad mix. Served with pasta salad. GF	Pulled Pork BBQ Pulled Pork BBQ served with baked beans & slaw. GF	Steak Tips Tender steak pieces in gravy served with white rice.	Ricotta Meatballs Italian style meatballs made with ricotta cheese. Served with spaghetti and marinara.	Salmon Cake Salmon & potato cake topped with tomato tarragon butter and served with oven crisped sweet potato. GF PESC	Feta & Spinach Frittata Feta, spinach, & herb crustless quiche. Served with herb roasted potato VEG
	Sides	Sides	Sides	Sides	Sides	Sides	Sides
	Summer Squash Spaghetti Squash	Roast Beets Braised Red Cabbage	Cider Braised Collards Roast Zucchini	Roasted Parsnip Creamed Corn	Garlic Chard Braised Artichoke	Celery Root Braised Red Cabbage	Peppers & Onions Steamed Peas
Dessert	Apple Cobbler LS (low sugar) Or Fresh Fruit	Pumpkin Pie Or Fresh Fruit	Chocolate Chip Zucchini Bread LS Or Fresh Fruit	Homemade Carrot Cake Or Fresh Fruit	Creamsicle Chia Pudding GF VEG LS Or Fresh Fruit	Blueberry Crisp LS Or Fresh Fruit	Butterscotch Pudding Parfait Or Fresh Fruit
	Pick Up/ Delivery on Sunday	Dine in/Pick Up/Deliver	Dine in/Pick Up/Deliver	Dine in/Pick Up/Deliver	Dine in/Pick Up/Deliver	Dine in/Pick Up/Deliver	Dine in/Pick Up/Deliver

Please sign up by 2pm on Friday by calling the office, or by visiting online at www.penobscotshores.com

For any questions, comments, concerns about dining, please reach out to Trstan Hamilton via email at: THamilton2@Unidine.com

Please return green containers to the kitchen on a bi-daily basis.